



# FEM'US CIRCLE

Finite Earth Movement and Us

A simple guide for anyone to start, run, and grow a FEM'Us Circle

### Climate change is no longer a distant problem - it is an emergency. We are barely two decades away from crossing the 2°C threshold, a point beyond which life on Earth will change irreversibly. Despite global policies and technological advances, progress

1. The Cause of Climate Change - Overconsumption

change irreversibly. Despite global policies and technological advances, progress remains insufficient and fragmented. In this context, the Finite Earth Movement (FEM) recognizes one fundamental truth: on a finite planet, infinite consumption is not possible.

Humanity is already consuming the resources of 1.8 Earths, while only one exists. The first and most urgent climate action, therefore, is to reduce consumption - to live within the limits of 1 Earth.

FEM also acknowledges that every person is a consumer, and through every act of consumption, directly or indirectly, everyone contributes to carbon emissions. If every person is part of the problem, then every person must also become part of the solution.

2.What is a FEM'Us Circle?

The Finite Earth Movement (FEM) aims to correct climate change not just through awareness, but through action, through behavioral transformation of individuals and

#### A FEM'Us Circle is a small gathering of 5–15 people — friends, neighbours, colleagues, families — who come together to learn, practice, and spread finite living.

masses.

It requires no infrastructure, no funding, and no permission — only sincerity and a shared concern for the planet. Each circle becomes a living expression of climate correction — transforming the idea of "finite earth - finite consumption" into a lived reality.

FEM'Us Circles are people's mechanism for climate correction — simple, symbolic, and scalable. They are the way society learns to live within one Earth, not 1.8 Earths.

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The FEM'Us Pledge is the heart of every circle - a revered and almost sacred

commitment to live within the limits of one Earth. When members read and sign it,

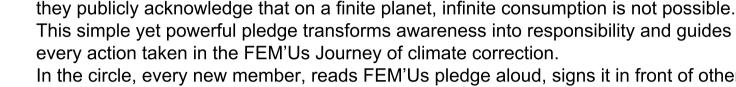
the wall as daily reminder. The signing of FEM'Us pledge is not just a ceremony, it is

To create a worldwide, self-growing web of 100 crore FEM'Us Pledges, organized into

1. Learn - understand the truth of finiteness through collective reflection and CLC.

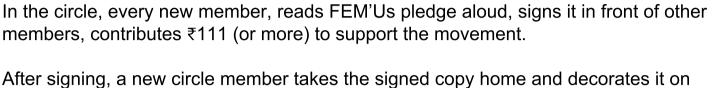
3. Spread - invite more people in your circle and inspire others and form new Circles,

Adopt - practice finite consumption habits and measurable reduction.



THE FINITE EARTH

3. The FEM'Us Pledge



**Notes** 

Any member can volunteer;

role may rotate every few

Uses simple form or

months

notebook

Energy Swaraj Foundation

Energy by Locals for Locals

**5.Roles within a FEM'Us Circle**A FEM'Us circle can be formed by gathering 5 to 15 people, and each person in the circle is equal. But, to ensure continuity and smooth functioning, three people in the circle can play following specific role:

#### Role Key Responsibilities

**Ensures** continuity

keeps the group active

Ensures accountability

Rhythm

Keeper

Recorder

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a promise to tell that I will live within one Earth.

4. Vision of FEM'Us Circles

expanding the movement organically.

interconnected Circles that:

Replicator Ensures replication Acts as the ambassador Invites new members, helps form new Circles

Schedules meetings, ensures follow-up,

Maintains attendance, pledges, and ₹111

THE FINITE EARTH MOVEMENT Finite Earth-Finite Consumption Excesser From Activate St. San Accesser Community	Energy Swaraj Foundation Energy by Locals for Locals
only facilitators of participation.	nd decentralized. No hierarchy, no president -

default. People for two other roles, Recorder and Replicator can be decided in the first

meeting. As per the wish of circle member the roles can be switched.

Greet members; introduce new

participants; recall the purpose of

Read the FEM'Us Pledge together;

new members sign and contribute

observations — pollution, erratic

Each member shares one action

reused, or refused since the last

Choose one new Finite Action from

TUPEE / Finite-30; the Recorder

Each member commits to invite at

Report the progress of meeting, fill

End with gratitude toward Mother

Earth and reaffirmation of collective

least one new person to take the

FEM'Us Pledge or start a new Circle (once circle completes at

notes it for follow-up.

least 2 months).

the google form

intent.

Discuss local environmental

weather, or climate events.

they have reduced, repaired,

**Purpose** 

FEM'Us Circles.

₹111 +.

meeting.

6.Tentative Meeting Agenda of FEM'Us Circle Meetings
It is important that each circle meeting is held in light mode, but with complete sincerity and discipline. Each meeting can follow this agenda:

Activity

Introduction

Introduction

Reflection

4. Share -

Reflection

5. Pledge -

Resolution

6. Invite -

Replication

7. Reporting

/ Reflection

8. Closing Prayer

1. Welcome and

2. New Member

3. Environmental



Role Responsible

Rhythm keeper

Recorder

Rhythm

--same---

Replicator

Recorder

Rhythm

keeper

notes key highlights.

Approx.

Time

5 min

5 min

5 min

10-15

min

5 min

5 min

5 min

To	tal Duration: 45 – 60 minutes		
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	THE FINITE EARTH MOVEMENT Finite Earth - Finite Consumption Emerge Goods and the MONORARY Consumption	举	Energy Swaraj Foundation  Energy by Locals for Locals
	<b>low to Create and Run a FF</b> Gather People: Invite your family, friend		ues - anyone who
	cares.	L (Ol'alala ana ta man'at	
	<ul> <li>b. Register the Circle: Register via FEM link. (Click here to register)</li> <li>c. Name Your Circle: Examples: Gulmohar FEM'Us Circle, EcoMitra FEM'Us Circle,</li> <li>Sector-5 FEM'Us Circle</li> </ul>		
d.	d. Hold the First Meeting: Follow the meeting agenda (and watch FEM Consumption Literacy videos, when possible)		
e.	e. In each meeting, follow the agenda, read the pledge, get new members to sign the FEM'Us Pledge, get ₹111 or more donation through ESF's QR code		
g.	Decide the consumption reduction to be Before closing the meeting, submit the r venue for the next meeting. Follow with circle members to ensure th	e practiced till the next of the meeting, the meeting, the meeting, the meeting, the meeting, the meeting, the meeting is a second control of the meeting.	meeting fix the date, time and
	Tombor Contribution	<b>, ,</b>	···· <b>9</b> ·

Each member contributes ₹111 or more as a one-time symbolic commitment when

taking the pledge. This contribution links personal transformation with collective

It funds awareness drives, printing of pledges, and Climate Literacy Capsules for

Those who wish to support further can contribute higher amounts as Supporters (₹1100), Champions (₹11,100), or Patrons (₹1,11,000), but the base unit — ₹111

The FEM'Us Circle is built to be light, joyful, and disciplined — a rhythm that ordinary people can sustain easily. Each Circle must balance three dimensions: Reflection,

Venue: Anywhere — a living room, classroom, office, temple veranda, tea shop,

## community hall, or online meeting. The simplicity is intentional; climate correction should feel as natural as a family conversation

8.Member Contribution

remains universal and equal for all.

9. Meeting Frequency and Duration

movement-building.

Action, and Expansion.

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Minimum: Twice in a month
Duration: 45–60 minutes.

others.

Every big change in history started with small circles of people who cared enough to

meeting regularly with sincerity, can help change the direction of humanity. Climate change is no longer a distant idea; it is something we all feel today. But with every

conversation you lead, every pledge you inspire, and every action you take, you bring

As Prof. Chetan Singh Solanki says, "I can afford it, but nature cannot." By living this truth together, we help protect our only home, our bigger home, our shared home.

act. FEM'Us Circles come from that same belief - that a few committed people,

Printer Earth - Finish Constitutation

Bernauer From Afferd Is, Bur Nature Commit

hope and strengthen this movement.

Registration

Ckick here

Important links - Click here

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10. Now it's your time to create an impact

जय पृथ्वी, जय जगत

Ckick here

Recording

(post meeting update)

Energy Swaraj Foundation

Energy by Locals for Locals